




JUNE 2019

	<p><i>Program benefits and services are available to all children without regard to race, color, sex, handicap, age or national origin</i></p>		<p>Breakfast: (includes milk & juice) \$1.65 Lunch: (includes milk) Grades K-5: \$2.85 Grades 6-8: \$ 3.10, Milk .50 Chocolate milk on Wednesdays</p> <p>*Our menu follows the USDA guidelines*</p>	
<p>3 Cereal, Honey buns Juice/Fruit ----- Quesadilla Spanish rice Santa Fe beans Mixed fruit</p>	<p>4 Yogurt, Fruit pie Juice/Fruit ----- Chicken grillers Tater puffs BBQ beans Peaches</p>	<p>5 Cereal, Toast Juice/Fruit ----- COOK'S CHOICE DAY</p>	<p>6 Cougar muffin Juice/Fruit ----- Pepperoni pizza Salad Fresh broccoli Fruit cup</p>	<p>7 Cereal, Toast Juice/Fruit ----- Salad Day Chicken vermicelli salad, baby greens Cucumber slices Buttered roll Sorbet cup</p>
<p>10 Cereal, Teddy bites Juice/Fruit ----- Hamburger Calico fries Green beans Mixed fruit</p>	<p>11 COOK'S CHOICE Juice/ Fruit ----- Pasta & meatballs Home baked garlic rolls Peas Applesauce</p>	<p>12 Cereal, Toast Juice/Fruit ----- COOK'S CHOICE DAY</p>	<p>13 Cougar muffin Juice/Fruit ----- Pizza Salad Fresh broccoli Peaches</p>	<p>14 Cereal, Toast Juice/Fruit ----- P&J Uncrustables Cheese stick Carroteenies Apple LAST DAY EARLY RELEASE</p>

Summer meals (breakfast & lunch) will be served at the following location(s):

Skagit Valley College; 2405 E. College Way

Little Mountain Elementary School; 1514 S. LaVenture Road

Questions? Please contact Mount Vernon School District at 360 428 6149.