


September

FARM-2-SCHOOL HARVEST OF THE MONTH



Apples

<p>3</p> <p>LABOR DAY NO SCHOOL</p> 	<p>4</p> <p>Cereal, granola bar, Juice/Fruit ***** Chicken nuggets Calico fries Green beans Mixed fruit Buttered roll Welcome Back!</p>	<p>5</p> <p>Cereal, Toast Juice/Fruit ***** Turkey soft taco Salsa Santa Fe beans Corn Local Apple</p>	<p>6</p> <p>Cougar muffin Juice/Fruit ***** Tony's pepperoni pizza Salad Fresh broccoli Fruit cup</p>	<p>7</p> <p>Cereal, Toast Juice/Fruit ***** - <i>Salad Day</i> - Chicken vermicelli salad, baby greens, Cucumber slices Buttered roll Sorbet cup</p>
<p>10</p> <p>Cereal, Honey bun Juice/Fruit ***** Fishwich Coleslaw Calico fries Mixed fruit</p>	<p>11</p> <p>Homemade muffin, Yogurt, Juice/Fruit ***** Beef dippers Rice Stir fry veggies Egg roll Cherries</p>	<p>12</p> <p>Cereal, Toast Juice/Fruit ***** Nachos Steamed broccoli Salsa Santa Fe beans Peaches</p>	<p>13</p> <p>Cougar muffin Juice/Fruit ***** Stuffed crust cheese pizza Salad Fresh broccoli Fruited Jello</p>	<p>14</p> <p>Cereal, Toast Juice/Fruit ***** Turkey & cheese hoagie Cucumber slices Baby carrots Local Apple</p>
<p>17</p> <p>Giant goldfish, cereal, Juice/Fruit ***** Chicken on a bun Tater puffs Green beans Mixed fruit</p>	<p>18</p> <p>Sausage & cheese muffin, Juice/Fruit ***** Curly pasta & meat sauce Garlic breadstick Mixed veggies Applesauce</p>	<p>19</p> <p>Cereal, Toast Juice/Fruit ***** Burrito Steamed broccoli Santa Fe beans Local Apple</p>	<p>20</p> <p>Cougar muffin Juice/Fruit ***** Tony's pepperoni pizza Salad Fresh broccoli Peaches</p>	<p>21</p> <p>Cereal, Toast Juice/Fruit ***** Caesar salad Baby carrots Cherry tomatoes Buttered roll Grapes</p>
<p>24</p> <p>Cereal, Granola bar Juice/Fruit ***** Rib-a-que BBQ beans Calico fries Pears</p>	<p>25</p> <p>Yogurt, Fruit pie Juice/Fruit ***** Macaroni & cheese Peas Buttered roll Grapes</p>	<p>26</p> <p>Cereal, Toast Juice/Fruit ***** Taco salad Baby carrots Cinnamon roll Local Apple</p>	<p>27</p> <p>Cougar muffin Juice/Fruit ***** Cheese pizza Salad Fresh broccoli Fruited Jello</p>	<p>28</p> <p>Cereal, Toast Juice/Fruit ***** Ham & cheese hoagie Cucumber slices Baby carrots Grapes</p>

Program benefits and services are available to all children without regard to race, color, sex, handicap, age or national origin.

****Our menu follows USDA Guidelines****

Lunch: (Includes milk) Grades K-5: \$2.85 Grades 6-8: \$3.10

Milk .50 (Chocolate milk on Wednesdays)

Breakfast: \$1.65 (Includes Juice & Milk)