





MARCH 2019



<p>Breakfast \$1.65 (includes milk & juice) Lunch \$2.85 K-5 Lunch \$3.10 6-8</p> <p>Milk/Chocolate Milk .50</p>	<p>FARM-2-SCHOOL HARVEST OF THE MONTH</p>  <p>ROASTED SQUASH</p>	<p>Program benefits and services are available to all children without regard to race, color, sex, handicap, age or national origin. *Our menu follows the USDA guidelines. *</p>		<p>1</p> <p>Cereal, Toast Juice/Fruit *****</p> <p>Turkey & ham hoagie, cheese stick Cucumber slices Cherry tomatoes Grapes</p>
<p>4</p> <p>Staff Inservice Day</p> <p>NO SCHOOL</p>	<p>5</p> <p>Cereal, Granola bar Juice/Fruit *****</p> <p>Chicken grillers Tater tots Three baked beans Mixed fruit</p>	<p>6</p> <p>Cereal, Toast Juice/Fruit *****</p> <p>Ravioli Fresh baked garlic rolls Brussel sprouts Peaches</p>	<p>7</p> <p>Cougar muffin Juice/Fruit *****</p> <p>Pepperoni pizza Salad Fresh broccoli Fruit cup</p>	<p>8</p> <p>Cereal, Toast Juice/ Fruit *****</p> <p>Fish & chips Coleslaw Buttered roll Grapes</p>
<p>11</p> <p>Cereal, Giant Goldfish Juice/Fruit *****</p> <p>Hamburger Calico fries Green beans Mixed fruit</p>	<p>12</p> <p>Pancake on a stick, syrup, Juice/Fruit *****</p> <p>Chili Cornbread muffin Steamed broccoli Apple</p>	<p>13</p> <p>Cereal, Toast Juice/Fruit *****</p> <p>Baked chicken Mashed potatoes & gravy Roasted squash Buttered roll Peaches</p>	<p>14</p> <p>Cougar muffin Juice/Fruit *****</p> <p>NEW Personal round sausage pizza Salad Fresh broccoli Fruited Jello Kiwi</p>	<p>15</p> <p>Cereal, Toast Juice/Fruit *****</p> <p>Turkey hoagie Salad Cucumber slices Applesauce Cookie EARLY RELEASE End of Trimester</p>
<p>18</p> <p>Cereal, Honey bun Juice/Fruit *****</p> <p>Quesadilla Spanish rice Santa Fe beans Mixed fruit</p>	<p>19</p> <p>Yogurt, Fruit pie Juice/Fruit *****</p> <p>Beef dippers Rice Stir fry vegetables Egg roll Peaches</p>	<p>20</p> <p>Cereal, Toast Juice/Fruit *****</p> <p>Taco salad Baby carrots Apple Cinnamon maple rolls</p>	<p>21</p> <p>Cougar muffin Juice/Fruit *****</p> <p>Cheese pizza Salad Fresh broccoli Fruit cup</p>	<p>22</p> <p>Cereal, Toast Juice/ Fruit *****</p> <p>Chef salad Cherry tomatoes Cucumber slices Buttered roll Grapes</p>
<p>25</p> <p>Cereal, Cinnamon roll Juice/Fruit *****</p> <p>BBQ Chicken burger Tater tots BBQ beans Mixed fruit</p>	<p>26</p> <p>Yogurt, Muffin Juice/Fruit *****</p> <p>Soup of the day Cheesy toast Fresh cauliflower Pears</p>	<p>27</p> <p>Cereal, Toast Juice/Fruit *****</p> <p>Nachos Salsa Steamed Broccoli Craisens Apple</p>	<p>28</p> <p>Cougar muffin Juice/Fruit *****</p> <p>Pepperoni pizza Salad Fresh broccoli Peaches EARLY RELEASE Spring Conferences</p>	<p>29</p> <p>Cereal, Toast Juice/Fruit *****</p> <p>Southwest salad Corn salad Baby carrots Fruit cup EARLY RELEASE Spring Conferences</p>