

# January 2019

<p><b>FARM-2-SCHOOL HARVEST OF THE MONTH</b></p>  <p><b>Fresh Pears</b></p>		<p>2 Cereal, Granola bar Juice/Fruit ***** Chicken on a bun Calico fries BBQ beans Peaches</p>	<p>3 Cougar Muffin Juice/Fruit ***** Pepperoni pizza Salad Fresh broccoli Mixed fruit cup</p>	<p>4 Cereal, Toast Juice/Fruit ***** Chef salad Cherry tomatoes Baby carrots Buttered roll <b>Fresh Pear</b></p>
<p>7 Cereal, Honey bun Juice/Fruit ***** Mini cheeseburger sliders Calico fries BBQ Beans Mixed fruit</p>	<p>8 Sausage &amp; Cheese muffin, Juice/Fruit ***** Cowboy macaroni Breadstick Peas Applesauce</p>	<p>9 Cereal, Toast Juice/Fruit ***** Chicken drumsticks Mashed potatoes &amp; gravy Mixed vegetables Buttered roll Peaches</p>	<p>10 Cougar Muffin Juice/Fruit ***** Cheese pizza Salad Fresh broccoli Fruit Jello Kiwi</p>	<p>11 Cereal, Toast Juice/Fruit ***** Ham &amp; cheese hoagie Cucumber slices Baby carrots Grapes Sorbet</p>
<p>14 Cereal, Juice/Fruit ***** Philly cheese steak Tater puffs Green beans Pears</p>	<p>15 Yogurt, Fruit pie Juice/Fruit ***** Bean soup Cheesy toast Fresh cauliflower Mixed fruit</p>	<p>16 Cereal, Toast Juice/Fruit ***** Taco salad Baby carrots Cinnamon roll Apple</p>	<p>17 Cougar Muffin Juice/Fruit ***** Pepperoni pizza Salad Fresh broccoli Peaches</p>	<p>18 Cereal, Toast Juice/Fruit ***** Caesar salad Baby carrots Cherry tomatoes Buttered roll Grapes</p>
<p>21 NO SCHOOL</p>  <p><small>© Can Stock Photo - esp1550427</small></p>	<p>22 Cereal, Toast Juice/Fruit ***** Rib-a-que BBQ Beans Calico fries Peaches</p>	<p>23 Cereal, Toast Juice/Fruit ***** Chili Cornbread muffin Steamed broccoli <b>Fresh Pear</b></p>	<p>24 Cougar Muffin Juice/Fruit ***** Cheese pizza Salad Fresh broccoli Fruit cup</p>	<p>25 Cereal, Toast Juice/Fruit ***** Turkey &amp; ham hoagie Cheese stick Cucumber slices Cherry tomatoes Apple</p>
<p>28 Cereal, Granola bar Juice/Fruit ***** Chicken nuggets Calico fries Green beans Buttered roll Peaches</p>	<p>29 Yogurt, Muffin Juice/Fruit ***** Calzone Salad Cucumber slices Applesauce</p>	<p>30 Cereal, Toast Juice/Fruit ***** Burrito Steamed broccoli Santa Fe beans Apple</p>	<p>31 Cougar Muffin Juice/Fruit ***** Stuffed crust pizza Salad Fresh broccoli Fruited Jello Kiwi</p>	<p><b>*Our menu follows the USDA guidelines* Program benefits and services are available to all children without regard to race, color, sex, handicap, age or national origin</b></p>

Breakfast: (includes milk & juice) \$1.65

Lunch: (includes milk) Grades K-5: \$2.85 Grades 6-8: \$ 3.10, Milk .50 ~ Chocolate milk on Wednesdays