

January 2018

<p>1</p> <p>FARM-2-SCHOOL HARVEST OF THE MONTH</p>  <p>Washington State Apples</p>	<p>2</p> 	<p>3</p> <p>Cereal, Toast Juice/Fruit *****</p> <p>Chicken on a bun Calico fries Green beans Mixed fruit</p>	<p>4</p> <p>Cougar Muffin Juice/Fruit *****</p> <p>Pepperoni pizza Organic baby green salad Fresh broccoli Fruit cup</p>	<p>5</p> <p>Cereal, Toast Juice/Fruit *****</p> <p>Deli hoagie Baby carrots Bean salad Cucumber slices Goldfish Apple</p>
<p>8</p> <p>Cereal, Honey bun Juice/Fruit *****</p> <p>Hamburger BBQ Beans Tater puffs Mixed fruit</p>	<p>9</p> <p>Granola bar Yogurt, Juice/Fruit *****</p> <p>Thai chicken Rice Egg roll Stir fry vegetables Peaches</p>	<p>10</p> <p>Cereal, Toast Juice/Fruit *****</p> <p>Macaroni & Cheese Peas Baby carrots Breadstick Apple</p>	<p>11</p> <p>Cougar Muffin Juice/Fruit *****</p> <p>Cheese pizza Organic baby green salad Fresh broccoli Fruited Jello Craisins</p>	<p>12</p> <p>Cereal, Toast Juice/Fruit *****</p> <p>Fish nuggets Calico fries Coleslaw Grapes</p>
<p>15</p> <p>NO SCHOOL</p>  <p><small>© Can Stock Photo - csp1554227</small></p>	<p>16</p> <p>Cereal, Granola bar Juice/Fruit *****</p> <p>Chicken nuggets Calico fries Green beans Mixed fruit Buttered roll</p>	<p>17</p> <p>Cereal, Toast Juice/Fruit *****</p> <p>Chili Cornbread Peas Apple</p>	<p>18</p> <p>Cougar Muffin Juice/Fruit *****</p> <p>Pepperoni pizza Organic baby green salad Fresh broccoli Fruit cup</p>	<p>19</p> <p>Cereal, Toast Juice/Fruit *****</p> <p>Caesar salad Cherry tomatoes Baby carrots Buttered roll Grapes</p>
<p>22</p> <p>Giant goldfish, Cereal, Juice/Fruit *****</p> <p>New Boneless chicken wings Mashed potatoes & gravy, buttered roll, Green beans Mixed fruit</p>	<p>23</p> <p>Sausage & cheese muffin, Juice/Fruit *****</p> <p>Philly cheese steak sandwich Tater puffs Peas Apple</p>	<p>24</p> <p>Cereal, Toast Juice/Fruit *****</p> <p>Taco salad Black beans Grapes Cinnamon roll</p>	<p>25</p> <p>Cougar Muffin Juice/Fruit *****</p> <p>Cheese pizza Organic baby green salad Fruited Jello Fresh melon wedge Fresh broccoli</p>	<p>26</p> <p>Cereal, Toast Juice/Fruit *****</p> <p>Toasty ham & cheese hoagie Cucumber slices Baby carrots Red, white & blue salad</p>
<p>29</p> <p>Cinnamon roll, Cereal, Juice/Fruit *****</p> <p>Quesadilla Spanish rice Corn Mixed fruit</p>	<p>30</p> <p>Pancake on a Stick Syrup, Juice/Fruit *****</p> <p>Soup of the day Cheesy toast Baby carrots Cherry tomatoes Peaches</p>	<p>31</p> <p>Cereal, Toast Juice/Fruit *****</p> <p>Turkey taco Salsa Santa Fe Beans Apple</p>	<p>Breakfast: (includes milk & juice) \$1.65 Lunch: (includes milk) Chocolate milk on Wednesdays Grades K-5: \$2.85 Grades 6-8: \$ 3.10, Milk .50</p>	<p>*Our menu follows the USDA guidelines* <i>Program benefits and services are available to all children without regard to race, color, sex, handicap, age or national origin</i></p>