

April 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 	2 	3 	5 	6 
8 Cereal, Granola bar Juice/Fruit ***** Sliders Calico fries Green beans Mixed fruit	9 Breakfast Pizza Juice/Fruit ***** Cowboy macaroni Buttered roll Peas Applesauce	10 Cereal, Toast Juice/Fruit ***** Burrito Cheese sauce Steamed broccoli <i>Homemade refried beans</i> Apple	11 Cougar muffin Juice/Fruit ***** <i>NEW</i> Pizza rippers Salad Fresh broccoli Fruit cup	12 Cereal, Toast Juice/Fruit ***** Chef salad Buttered roll Cucumber slices Cherry tomatoes Grapes
15 Cereal, Honey bun Juice/Fruit ***** Chicken grillers Tater tots Three bean bake Mixed fruit	16 Yogurt, Fruit pie Juice/Fruit ***** Soup of the day Cheesy toast Fresh cauliflower Baby carrots Pears	17 Cereal, Toast Juice/Fruit ***** <i>Conway Throw Back</i> Ground beef gravy over mashed potatoes, Mixed vegetables, Fresh baked roll, Peaches	18 Cougar Muffin Juice/Fruit ***** Cheese pizza Salad Fresh broccoli Fruited Jello Kiwi	19 Cereal, Toast Juice/Fruit ***** <i>TULIP BASH 2019</i> Ham & cheese hoagie, cucumber slices, cherry tomatoes, grapes Cookie
22 Cereal, fruit pie Juice ***** Quesadilla Spanish rice Santa Fe beans Mixed fruit	23 Sausage & cheese muffin, Juice/Fruit ***** Ravioli Buttered roll Green beans Applesauce	24 Cereal, Toast Juice/Fruit ***** Turkey taco Salsa & tortilla chips Corn Peaches	25 Cougar Muffin Juice/Fruit ***** Personal round sausage pizza Salad Fresh broccoli Fruit cup	26 Cereal, Toast Juice/Fruit ***** Caesar salad Baby carrots Cherry tomatoes Buttered roll Grapes
29 Cereal, Granola bar Juice/Fruit ***** Hamburger Calico fries Green beans Mixed fruit	30 Pancake on a stick Syrup Juice/Fruit ***** Macaroni & cheese Peas Baby carrots Buttered roll Grapes	FARM-2-SCHOOL HARVEST OF THE MONTH  DRY BEANS	<i>Program benefits and services are available to all children without regard to race, color, sex, handicap, age or national origin</i>	Breakfast \$1.65 (includes milk & juice) Lunch \$2.85 K-5 Lunch \$3.10 6-8 Milk/Chocolate Milk .50 *Our menu follows the USDA guidelines*